

2013 Section 5AA - May 29 & 31, 2013 at Hamline University, St. Paul

Team Results (12,10,8,6,5,4,3,2,1)

Champlin Park 165, Spring Lake Park 132, St. Michael-Albertville 124, Blaine 106, Mounds View 102, Irondale 99, Park Center 76, Coon Rapids 75, Fridley 70, Maple Grove 56, Totino-Grace 50, Anoka 47, Osseo 41, Rogers 29, Columbia Heights 28, Centennial 23

100 Meter Dash

1 Odell Howard 11 Fridley 11.21p 10.74
2 Emmaneul Egbujor 12 Champlin P 11.18p 10.87
3 Joe Sando 12 Champlin Par 11.46p 10.94
4 Antoine Scott 12 Park Center 11.28p 11.03
5 Daireus Mock 10 Columbia Hei 11.40p 11.09
6 Grant Walter 11 Spring Lk Pk 11.50p 11.09
7 Datrice Mulsumo 10 Champlin P 11.43p 11.16
8 Jake Wieneke 12 Maple Grove 11.52p 11.40
9 Teddy Dweh 10 Anoka 11.49p 14.61

200 Meter Dash

1 Odell Howard 11 Fridley 22.28p 21.84
2 Emmaneul Egbujor 12 Champlin P 22.61p 21.95
3 James Kruse 12 Irondale 22.71p 22.15
4 Patrick Mendin 12 Blaine 22.85p 22.22
5 Jake Wieneke 12 Maple Grove 22.89p 22.28
6 Joe Sando 12 Champlin Par 23.11p 22.52
7 Daireus Mock 10 Columbia Hei 23.04p 22.59
8 Antoine Scott 12 Park Center 23.18p 22.64
9 Darius Mulbah 11 Fridley 23.14p 24.03

400 Meter Dash

1 Emmaneul Egbujor 12 Champlin P 50.00p 49.83
2 Jacob Ojile 12 Spring Lk Pk 51.52p 50.59
3 Charles Fatunbi 11 Coon Rapids 51.37p 51.33
4 Tony Moga 11 Mounds View 51.95p 51.61
5 Zachary Corbin 11 Maple Grove 52.38p 51.84
6 Vernon Hachaba 12 Coon Rapids 52.21p 51.91
7 Jacob Walden 11 Maple Grove 51.76p 51.97
8 Kent Hoover 12 Rogers 52.06p 52.62
9 Paul Young 11 Blaine 52.60p 52.63

800 Meter Run

1 Josh Tracy 10 St. Michael-A 2:00.09p 1:57.34
2 Isaac Krause 12 Spring Lk Pk 2:03.40p 1:57.70
3 Zach Johnson 12 Champlin P 2:02.12p 1:58.37
4 Michael Hoff 11 Mounds View 2:03.20p 2:01.02
5 Brandon Hilliard 11 Totino-Grac 2:02.67p 2:01.04
6 Jackson Bednar 11 Coon Rpis 2:00.95p 2:01.77
7 Nathaniel Jacobson 10 Blaine 2:04.59p 2:02.83
8 Christopher Madsen 12 Park Ctr 2:04.46p 2:04.07
9 Spencer Hokkanen 11 Centenni 2:03.58p 2:04.26

1600

1 Brendan Sage 12 St. Michael-A 4:29.19
2 Chase Cayo 10 St. Michael-A 4:30.52
3 Joseph Louiselle 11 Totino-Grace 4:32.91
4 Jonathan Keller 12 Centennial 4:33.77
5 Andre Hessini 11 Mounds View 4:36.17
6 Ramadan Hassan 12 Champlin Par 4:41.72
7 Ben Jack 11 Centennial 4:44.82
8 Tony Duchenes 11 Mounds View 4:47.54
9 Reed Parent 11 Rogers 4:47.97

3200

1 Brendan Sage 12 St. Michael-A 9:36.26
2 Joseph Louiselle 11 Totino-Grace 9:39.43
3 Chase Cayo 10 St. Michael- 9:39.44
4 Jonathan Keller 12 Centennial 9:44.78
5 Andre Hessini 11 Mounds View 9:51.69
6 Reed Parent 11 Rogers 9:55.03
7 Adam Berkowitz 11 Osseo 10:07.40
8 Ben Jack 11 Centennial 10:12.53
9 Kevin Grow 11 Centennial 10:15.57

High Hurdles

1 Ben Ojika 12 Irondale 14.74p 14.49
2 CJ Janu 12 Spring Lk Pk 14.74p 14.59
3 Brian Ferry 12 St. Michael-A 15.31p 14.84
4 Dajuan Copeland 12 Blaine 15.20p 14.84
5 Chris Johnston 12 Mounds View 15.45p 15.22
6 Justus Canfield 12 Irondale 15.40p 15.24
7 Fawaz Oba 12 Osseo 15.55p 15.31
8 Caleb Butler 11 Blaine 15.53p 15.51
9 Zach Dohmen 12 Rogers 16.00p 15.70

300 Hurdles

1 CJ Janu 12 Spring Lk Pk 40.30p 39.02
2 Brian Ferry 12 St. Michael-A 40.52p 39.33
3 Dajuan Copeland 12 Blaine 41.29p 39.55
4 Zach Dohmen 12 Rogers 41.01p 40.39
5 Chris Johnston 12 Mounds View 42.10p 40.88
6 Chris Wakefield 12 Spring Lk Pk 41.83p 40.91
7 Basil Muhammad 10 Columbia Hts 41.69p 40.98
8 Cole Nachstein 12 Mounds View 42.54p 41.72
9 Jason Fotso 11 Maple Grove 42.02p 41.75

4x100 Meter Relay

1 Irondale 43.00
2 Park Center 43.08
3 Fridley 43.09
4 Maple Grove 43.24
5 Blaine 43.30
6 Osseo 43.37
7 Champlin Park 43.39
8 Columbia Heights 43.52
9 Mounds View 44.13

4x200 Meter Relay

1 Osseo 1:29.60
2 Blaine 1:29.88
3 Irondale 1:31.28
4 St. Michael- 1:31.37
5 Park Center 1:31.49
6 Spring Lk Pk 1:32.00
7 Anoka 1:32.30
8 Totino-Grace 1:32.42
9 Fridley 1:32.70

4x400 Meter Relay

1 Osseo 3:25.21
2 St. Michael- 3:26.91
3 Coon Rapids 3:27.21
4 Park Center 3:27.97
5 Mounds View 3:30.68
6 Spring Lk Pk 3:35.47
7 Anoka 3:35.57
8 Irondale 3:37.24
9 Rogers 3:37.89

4x800 Meter Relay

1 Maple Grove 8:06.84
2 Mounds View 8:07.60
3 Totino-Grace 8:10.51
4 Champlin Park 8:10.51
5 Coon Rapids 8:12.78
6 St. Michael- Albertv 8:13.74
7 Blaine 8:22.56
8 Osseo 8:27.39
9 Irondale 8:30.15

High Jump

1 Jason Lijja 12 Coon Rapids 6-05
2 Chris Johnston 12 Mounds View 6-05
3 Ted Rainwater-Walker 11 Blaine 6-05
4 Jeremy Johnson 10 Champlin Par 6-05
5 Ben Ojika 12 Irondale 6-05
6 Moe Strong 12 Anoka 6-05
7 Kunle Ayinde 12 Blaine 6-03
8 Taylor Abram 12 Champlin Par 6-03
9 Mitchell Brackett 11 Rogers 6-01

Pole Vault

1 Isaiah Ryman 12 Fridley 13-02.00
2 Joe Kelner 11 Irondale 12-11.00
3 Adam Toninato 12 Mounds View 12-08.00
4 Grant Walter 11 Spring Lk Pk 12-05.00
5 Tony Erickson 12 Anoka 11-11.00
6 John Knopf 12 Mounds View 11-11.00
7 Luke Eicher 10 St. Michael- 11-11.00
8 Cullen Steinhauser 11 Totino-Grace 11-11.00
9 Jason Schulte 11 Osseo 11-05.00

Long Jump

1 Moe Strong 12 Anoka 22-02.50
2 Jason Lijja 12 Coon Rapids 22-01.00
3 Barinedum Kordah 12 Park Center 21-06.50
4 Treyton Daniels 12 Park Center 21-05.75
5 Ejodamen Ejija 11 Spring Lk Pk 20-10.50
6 Riley Krause 12 Mounds View 20-10.50
7 James Kruse 12 Irondale 20-10.00
8 James Kalgren 11 Centennial 20-08.25
9 Tyler Berhow 12 St. Michael- 20-07.75

Triple Jump

1 Treyton Daniels 12 Park Center 45-02
2 Kyeric Baynes 10 Anoka 45-01.75
3 Ejodamen Ejija 11 Spring Lk Pk 44-11
4 Moe Strong 12 Anoka 44-09.5
5 Sola Olateju 11 Mounds View 44-05.5
6 Taylor Abram 12 Champlin Par 43-11.5
7 Ben Ojika 12 Irondale 43-04.25
8 Kunle Ayinde 12 Blaine 43-07.5
9 Raymond Twumasi 12 Coon Rapids 42-09.5

Shot Put

1 Joe Stephens 12 Champlin Par 54-0.25
2 Kai Barber 11 Totino-Grace 52-11.75
3 Caleb Butler 11 Blaine 52-07.25
4 Tray Blair 12 Irondale 50-08.00
5 Tim Ross 12 Champlin Par 50-01.75
6 Jake Ringwelski 12 Blaine 48-05.25
7 Derek Malbrue 12 Spring Lk Pk 48-01.75
8 Andrew Ziegler 12 Champlin Par 48-0.50
9 Daulton Olinger 12 Spring Lk Pk 48-00.00

Discus Throw

1 Joe Stephens 12 Champlin Par 155-07
2 Terrance Howard 10 Park Center 155-06
3 Caleb Butler 11 Blaine 152-08
4 Ryan Delmonico 12 Spring Lk Pk 148-08
5 Chris Gillund 12 Blaine 144-00
6 Derek Malbrue 12 Spring Lk Pk 141-03
7 Logan Klaers 12 Mounds View 140-09
8 Tray Blair 12 Irondale 129-10
9 Steven Thomson 10 Centennial 129-02